



FOR IMMEDIATE RELEASE

H1N1 vaccinations open to everyone over 6 months of age

HOWELL, Michigan (December 8, 2009) The Michigan Department of Community Health announced today that the H1N1 vaccine will be available to Michigan residents on Monday, December 14th. The Livingston County Department of Public Health (LCDPH) strongly encourages everyone six months of age and older to get the H1N1 vaccine; this is the best way to prevent getting the flu virus. LCDPH will begin offering the H1N1 vaccine **by appointment** to everyone six months of age and older starting this week. Call (517) 552-6777 to make an appointment. Afternoon and evening times will be available. The cost of the vaccine is covered by the Federal Government and health departments cannot charge an administration fee.

LCDPH is also reminding everyone the best way to prevent the spread of the H1N1 influenza to:

- wash your hands frequently
- cough into your sleeves
- stay home if you're sick
- do not travel if you're ill.

For further updates, check www.lchd.org.

CONTACT:

Jennifer Lavelle
Health Education Supervisor
Livingston County Department of Public Health
(517) 546-9850
jlavelle@co.livingston.mi.us
www.lchd.org